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| Which podcasts do you know?You probably listen to podcasts sometimes. Which ones come to mind? What topics do they cover? Collect them together in the class. |

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| Create your own podcast for schoolWhat do you need to create your own podcast for school? Think about it and jot down your thoughts in bullet points below. Then, on the next page, read a conversation between two students who are supposed to create a podcast for a school project. |

### Notes

Here you can make some notes.

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# The podcast for school

Aisha

Hey Aisha, did you read the assignment about creating our own podcast?

Yes, I did! It sounds exciting but I'm not sure where to start.

Me neither. I know we have a broad idea of our topic, but how do we even begin?

Well, I think we need to start with planning the podcast structure. First, we need an introduction, right?

Yes, definitely. The introduction should grab the listeners' attention and explain what our podcast is about.

After that, we should have the main content. Maybe we can split it into different segments?

Great idea! We could have an interview segment, a discussion part, and maybe some fun facts.

And we should also plan a conclusion to wrap things up and maybe ask for feedback from our listeners.

Yes! But how do we record and edit everything? That's the part I'm not sure about.

We could ask Mr. Thompson for some advice. He might know what tools we can use for recording and editing.

Good idea. How about we get together at school tomorrow to figure everything out?

Sounds like a plan! Let's meet during lunch break in the library.

Perfect! See you tomorrow!

See you!

### Choose the correct answer for each question.

###### **What is the primary purpose of the introduction in a podcast?**

 To showcase interviews with experts To grab listeners' attention and explain the podcast's topic To provide detailed information about every episode To summarize the main content discussed

###### **Why is it beneficial to split the main content of the podcast into different segments?**

 It allows for a variety of content and keeps the audience engaged It reduces the amount of editing required It makes the podcast longer and more detailed It ensures the podcast only covers one topic

###### **What is one effective way to conclude a podcast?**

 Introduce a new topic for the next episode Ask for listener feedback and wrap up the discussion Start another interview session Repeat the introduction content

###### **What could be a useful segment to include in a podcast to provide expert insights?**

 A recap of previous episodes An interview segment A music break A fun facts segment

###### **Why might Jenny and Aisha need to consult Mr. Thompson regarding their podcast?**

 For tools and techniques for recording and editing For finding guests to interview For scheduling their podcast episodes For advice on choosing topics

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| Your own podcast scriptNow read through the information on how you can create your own podcast script, then complete the tasks. |

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| How to write a podcast scriptResearch Your Topic
Before you start writing, it's crucial to research your topic thoroughly. This helps you gather accurate information and ensures your podcast is informative and credible. Look for reliable sources, take notes, and organize your research. If you have a guest, research their background and prepare questions that align with the episode's theme.
Outline Your Script
Creating an outline helps you structure your podcast logically. You can use this structure as a template:
1. Introduction: Welcome your listeners warmly. Introduce yourself and give a brief overview of the podcast and the episode’s topic.
2. Introduce any guests: If you have a guest in your show, briefly introduce them and say why they are important for the episode's topic.
3. Main part:
Introduce the first main topic. Provide key points and supporting information.Transition: Smoothly transition from one topic to the next.Topic 2: Discuss the second main topic. Provide key points and supporting information.
4. Summary: Recap the main points discussed in the episode.
5. Conclusion: Thank your listeners and guests. Mention upcoming episodes or events. Encourage listener engagement by asking for feedback or questions.
6. Call to action: Invite listeners to leave a review or share your podcast. Provide contact information or social media handles.
Writing the Script
Start writing your script based on the outline. Use clear and concise language, and make sure your sentences flow naturally. Here are some tips:
Keep it Conversational:&nbsp;Write as if you’re speaking directly to your listeners. Use a friendly and engaging tone.Be Concise:&nbsp;Avoid long-winded explanations. Get to the point quickly to keep your listeners engaged.Use Bullet Points:&nbsp;For sections where you need to provide information or ask questions, use bullet points to keep your script organized. Happy podcasting! |

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| ResearchBegin your work on your podcast script with the appropriate research. On this page, you will find internet addresses that can help you. |

# Sources

### Title: "The Long-Term Effects of Time Use during High School on Positive Development" (2019)

Source:

Summary:

Relevance:

 PMC
 This longitudinal study examines how the time that youth spend in activities during high school may contribute to positive or negative development in adolescence and early adulthood. The study highlights the importance of structured activities in promoting positive outcomes.
 This source provides valuable insights into the impact of different types of free time activities on adolescents' long-term development, making it relevant for understanding the benefits of certain activities.

### Title: "Making Leisure Time Meaningful for Adolescents: An Interview Study" (2023)

Source:

Summary:

Relevance:

 Taylor &amp; Francis Online
 This study explores how meaningful leisure time positively impacts adolescents' mental health through social relations, support, and guidance. It emphasizes that structured leisure activities can reduce stress and help manage school demands.
 This source is relevant as it provides contemporary evidence on the benefits of structured leisure activities for teenagers, highlighting their importance for mental health and stress management.

### Title: "After the Bell: Adolescents' Organised Leisure-Time Activities and Well-Being" (2023)

Source:

Summary:

Relevance:

 BMJ
 This study investigates the health and well-being benefits associated with adolescents' participation in organised leisure-time activities (OLTAs). It uses data from nine nationally representative samples of adolescents aged 11, 13, and 15 years.
 This source is crucial as it provides comprehensive data on the positive associations between organised leisure activities and adolescent well-being across different social and socioeconomic contexts.

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| Creating an outlineNow create the outline of your podcast according to the structure from the informational text. |

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| --- | --- |
| Outline | Content |
| Introduction |  |
| Introduction of guest(s) |  |
| Main part |  |
| Summary |  |
| Conclusion |  |
| Call to action |  |

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| WritingNow write your podcast script. |

### Your script

Use this space to write down your script.

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| Revise/markNow read through your script carefully once more and consider what you can still improve. Then, mark important parts in your script that you particularly want to emphasize or where you need to pay attention to pronunciation. Once you have finished that, you've done it - your first own podcast script is ready! |

# Additional information for teachers

Here you can find a sample solution for a podcast script for the chosen topic.

Introduction

Welcome listeners warmly: “Hey everyone, welcome to our podcast!”

Introduce hosts: “I’m Jenny, and I’m Aisha, and today we’re talking about something super fun – free time activities for teenagers!”

Brief overview of the episode: “We know how important it is to have exciting things to do after school and on weekends, so we’re here to share some awesome ideas with you.”

Introduction of Guest(s)

Introduce guest(s) if any: “Today, we have a special guest with us, our friend Sarah, who has some cool hobbies to share. Welcome, Sarah!”

Main Part

Topic 1: Sports and Outdoor Activities

Key points: “Playing sports like soccer, basketball, or even skateboarding can be a great way to stay active and have fun.”

Supporting information: “Joining a local sports team or just playing with friends in the park can help you stay fit and make new friends.”

Guest input: “Sarah, tell us about your experience with the school soccer team.”

Transition

Smooth transition: “Speaking of staying active, let’s move on to something a bit more creative.”

Topic 2: Creative Hobbies

Key points: “Drawing, painting, or even crafting can be fantastic ways to express yourself.”

Supporting information: “You can join art clubs at school or look for online tutorials to improve your skills.”

Guest input: “Sarah, you’re into painting, right? What do you love most about it?”

Transition

Smooth transition: “Now, let’s talk about something that combines fun and relaxation.”

Topic 3: Reading and Writing

Key points: “Diving into a good book or writing your own stories can be a great way to unwind.”

Supporting information: “Check out your school library or join a book club to discover new books and share your thoughts with others.”

Guest input: “Sarah, do you have any book recommendations for our listeners?”

Transition

Smooth transition: “From books to screens, our next topic is all about technology.”

Topic 4: Gaming and Tech Activities

Key points: “Playing video games, coding, or even making your own YouTube videos can be super engaging.”

Supporting information: “Just remember to balance screen time with other activities to keep things healthy.”

Guest input: “Sarah, what’s your favorite game and why?”

Summary

Recap main points: “So, we’ve talked about sports, creative hobbies, reading, and tech activities. There’s definitely no shortage of things to do in your free time!”

Highlight any key takeaways: “The important thing is to find what you love and have fun with it.”

Conclusion

Thank listeners and guest: “Thanks so much for tuning in and a big thank you to Sarah for joining us today!”

Mention upcoming episodes or events: “Stay tuned for our next episode where we’ll dive into the world of music and dance.”

Call to Action

Invite listeners to leave a review or share: “If you enjoyed this episode, please leave us a review and share it with your friends.”

Provide contact information or social media handles: “Follow us on Instagram at @TeenTimePodcast and send us your feedback or ideas for future episodes. We’d love to hear from you!”